EXHIBIT E

The Securities and Exchange Commission has not necessarily reviewed the information in this filing and has not determined if it is accurate and complete.

The reader should not assume that the information is accurate and complete.

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 **FORM 13F**

FORM 13F COVER PAGE

OMB API	PROVAL						
OMB Number:	3235-0006						
Expires:	July 31, 2015						
Estimated average burden							
hours per	23.8						
response:	20.0						

Report for the Ca	ellendar Year or Quarter Ended: 12-31-2016
Check here if Am	nendment Amendment Number:
This Amendment	(Check only one.):
	adds new holdings entries.
Institutional Inv	estment Manager Filing this Report:
Name:	AMALGAMATED BANK
Address:	275 SEVENTH AVENUE 9TH FLOOR
	NEW YORK, NY 10001
Form 13F File Number:	028-04148
person signing	I investment manager filing this report and the person by whom it is signed hereby represent that the the report is authorized to submit it, that all information contained herein is true, correct and complete, altood that all required items, statements, schedules, lists, and tables, are considered integral parts of this
Person Signing th	nis Report on Behalf of Reporting Manager:
Name:	Gregory Spock
Title:	Vice President - Trust Compliance and Risk Officer
Phone:	212-895-4836
Signature, Plac	e, and Date of Signing:
Gregory Spock	New York, NY 02-13-2017
[Signa	ature] [City, State] [Date]
Report Type (CI	neck only one.):
X 13F HOLDIN	GS REPORT. (Check here if all holdings of this reporting manager are reported in this report.)
=	(Check here if no holdings reported are in this report, and all holdings are reported by other reporting manager(s).)
13F COMBIN	ATION REPORT. (Check here if a portion of the holdings for this reporting manager are reported in this report and a ported by other reporting manager(s).)

Form 13F Summary Page

Number of Other Included Managers: 0
Form 13F Information Table Entry Total: 1,514
Form 13F Information Table Value
Total: 2,212,411
(thousands)

List of Other Included Managers:

Provide a numbered list of the name(s) and Form 13F file number(s) of all institutional investment managers with respect to which this report is filed, other than the manager filing this report.

[If there are no entries in this list, state "NONE" and omit the column headings and list entries.] NONE

The Securities and Exchange Commission has not necessarily reviewed the information in this filing and has not determined if it is accurate and complete. The reader should not assume that the information is accurate and complete.

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 FORM 13F

FORM 13F INFORMATION TABLE

OMB APPROVAL

3235-OMB Number: 0006

July 31, Expires:

2015 Estimated average burden

hours per

response:

23.8

COLUMN 1	COLUMN 2	COLUMN 3	COLUMN 4	OLUMN COLUMN 5		COLUMN 6	COLUMN 7	COLUMN 8		
			VALUE	SHRS OR	SH/ PUT/	INVESTMENT	OTHER	VOTING	G AUTHOI	RITY
NAME OF ISSUER	TITLE OF CLASS	CUSIP	(x\$1000)	PRN AMT	PRN CALL	DISCRETION	MANAGER	SOLE	SHARED	NONE
ABBOTT LABORATORIES	COM	002824100	3,739	97,357	SH	SOLE		97,357	0	0
ADVANCED MICRO DEVICES INC	COM	007903107	1,187	104,677	SH	SOLE		104,677	0	0
AETNA INC	COM	00817Y108	3,413	27,520	SH	SOLE		27,520	0	0
AIR PRODUCTS CHEMICALS INC	COM	009158106	2,948	20,497	SH	SOLE		20,497	0	0
AMERICAN ELECTRIC POWER	COM	025537101	2,053	32,604	SH	SOLE		32,604	0	0
AMERICAN EXPRESS CO.	COM	025816109	3,889	52,491	SH	SOLE		52,491	0	0
AMETEK NEW	COM	031100100	828	17,041	SH	SOLE		17,041	0	0
AUTOMATIC DATA PROCESSING INC.	COM	053015103	5,070	49,327	SH	SOLE		49,327	0	0
AVON PRODUCTS INC.	COM	054303102	310	61,509	SH	SOLE		61,509	0	0
NEWELL BRANDS INC	COM	651229106	2,283	51,135	SH	SOLE		51,135	0	0
VERIZON COMMUNICATIONS INC	COM	92343V104	19,029	356,485	SH	SOLE		356,485	0	0
BOEING CO.	COM	097023105	10,012	64,312	SH	SOLE		64,312	0	0
BROWN-FORMAN CORP-CLASS B	COM	115637209	881	19,603	SH	SOLE		19,603	0	0
BRUNSWICK CORP	COM	117043109	916	16,793	SH	SOLE		16,793	0	0
CIGNA CORPORATION	COM	125509109	2,727	20,447	SH	SOLE		20,447	0	0
C S X CORP	COM	126408103	2,261	62,932	SH	SOLE		62,932	0	0
CABOT CORP	COM	127055101	476	9,418	SH	SOLE		9,418	0	0
CAMPBELL SOUP CO.	COM	134429109	1,227	20,296	SH	SOLE		20,296	0	0
CARLISLE CORP	COM	142339100	1,146	10,391	SH	SOLE		10,391	0	0
CATERPILLAR INC	COM	149123101	3,469	37,405	SH	SOLE		37,405	0	0
J P MORGAN CHASE CO	COM	46625H100	20,735	240,300	SH	SOLE		240,300	0	0
COCA-COLA COMPANY	COM	191216100	15,791	380,883	SH	SOLE		380,883	0	0

FIRST CASH INC	COM	33767D105	299	6,366	SH	SOLE	6,366	0	0
DELL TECHNOLOGIES INC - CL V	COM	24703L103	646	11,750	SH	SOLE	11,750	0	0
TIVO CORP	COM	88870P106	329	15,754	SH	SOLE	15,754	0	0
ASHLAND GLOBAL HOLDINGS INC	COM	044186104	1,046	9,569	SH	SOLE	9,569	0	0
VERSUM MATERIALS INC	COM	92532W103	283	10,067	SH	SOLE	10,067	0	0
AGNC INVESTMENT CORP	COM	00123Q104	836	46,129	SH	SOLE	46,129	0	0
RR DONNELLEY SONS	COM	257867200	199	12,180	SH	SOLE	12,180	0	0
ILG INC	COM	44967H101	276	15,209	SH	SOLE	15,209	0	0
ADIENT PLC	COM	G0084W101	316	5,385	SH	SOLE	5,385	0	0
YUM CHINA HOLDINGS INC	COM	98850P109	834	31,946	SH	SOLE	31,946	0	0
ALCOA CORP	COM	013872106	204	7,272	SH	SOLE	7,272	0	0
ARCONIC INC	COM	03965L100	539	29,049	SH	SOLE	29,049	0	0
LIBERTY EXPEDIA HLDGS INC A	COM	53046P109	310	7,803	SH	SOLE	7,803	0	0
LIBERTY VENTURES SER A	COM	53071M856	431	11,687	SH	SOLE	11,687	0	0
CORECIVIC INC	COM	21871N101	440	17,982	SH	SOLE	17,982	0	0
LAMB WESTON HOLDING INC	COM	513272104	535	14,136	SH	SOLE	14,136	0	0
ENVISION HEALTHCARE CORP	COM	29414D100	1,346	21,269	SH	SOLE	21,269	0	0
TESSERA HOLDING CORPORATION	COM	88166T101	290	6,567	SH	SOLE	6,567	0	0
LIONS GATE ENTERTAINMENT CORPORATION	COM	535919500	439	17,891	SH	SOLE	17,891	0	0
LIONS GATE ENTERTAINMENT CORPORATION	COM	535919401	207	7,707	SH	SOLE	7,707	0	0